



NEWSLETTER

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NSRPH 2006 - 2007

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MESSAGE FROM THE PRESIDENT

Hello to all our Members

As we approach and celebrate ourselves during Recreation Professionals week, it is a perfect opportunity to recognize some of the accomplishments that have been achieved in recent months. The Standards Committee have completed Recreation Professionals Standards of Practice and they have been accepted by the members of NSRPH. Many hours of hard work and dedication by our Standards Committee have resulted in the upcoming "Launch of the Standards of Practice" being held at the IWK on Tuesday, February 6th from 4-8. Gary Comeau and Beth House worked very hard to ensure that these standards reflect the comprehensive range of services offered by our dedicated members. I would like to take this opportunity on behalf of all our members to recognize the countless hours of dedication of Gary and Beth who partnered with Andrea Waters and Rhonda Booth from TRACC, and thank them for their endless commitment to this project.

I would like to encourage all our members to become regular users of our website www.NSRPH.com. We have been able to acquire excellent technical support for the website, and want the website to be one of the primary sources of communication amongst members. Please forward any pictures, upcoming events, links, education sessions, etc. to Beth House, Vice President.

Finally, the hard work and commitment it takes to put together our newsletter cannot go unnoticed. Shelley LeFresne and the Valley Region have been creating the Newsletter for many years, and have maintained an interesting, informative and professional Newsletter. Thanks to this group for their commitment.

Good Health and Leisure in 2007
Coleen Lawlor
NSRPH President

TRAAC 2007 Conference/AGM March 2 & 3

Therapeutic Recreation Association of Atlantic
Canada invites you to attend the...

2007 Workshop & Annual General Meeting

Reconnecting With The Roots of The Professional

When: March 2 (8am-4:15pm &
March 3 (9am—12:30pm)

Where: Future Inns, Bayers Lake

Learn About;

Pediatric Recreation Therapy (A)

The Nova Scotia Early Psychosis Wellness Program (B)

Activity Involvement Across the Life Course (C)

Ottawa Children's Treatment Centre TR programs (D)

Auricular Acupuncture (E)

How to Play the Ukulele (F)

Interdisciplinary Programming (G)

TR and Psychosocial Rehabilitation (H)

Making the Most of your Meetings (I)

For Information call: 902-473-8658

NSRPH Public Relations Committee

The Public Relations has a new mandate, we are now concentrating on promoting the public image of NSRPH and of the Recreation Profession in general. We will concentrate on promotion of NSRPH week and promoting our association throughout the province all year. We will also track and report promos that the facilities and regions do throughout the province.

We will be assisting the board in the development of a power point presentation for NSRPH.

Members are encouraged to read the Article regarding NSRPH week and work at recognizing it in your facility, community and region. Please assist NSRPH by contributing to the presentation by submitting pictures and participating in PR events and contests. Remember I want to know what is happening so I can create a scrapbook and report it to the board. So please send me copies of media coverage any time during the year and how you celebrated NSRPH Week. If you need some assistance with ideas or media article feel free to contact me.

Keep up the great work.
Tara Smith, Chairperson
Public Relations

NSRPH RECREATION PROFESSIONAL TRIBUTE CONTEST

In honor of NSRPH Week we are launching a special contest. This contest is available for all members and your facilities to participate in.

Rules

1. The contest is open to NSRPH members or a participant from a members Facility.

2. Submissions must be tributes to Recreation Professionals in Health in the form of stories, poems, rhymes or limericks.

3. All submissions will become the ownership of NSRPH to be used for public relations purposes such as Newsletter submissions; website and for other presentations.

4. The Prize of \$100 will be awarded. If the submission is a personal one from an individual member the prize will be awarded to the individual if the submission is from a member's in-house contest the prize will be issued to the Recreation Department.

5. The contest deadline will be September 30th 2007. All submissions will be displayed at the NSRPH Conference on October 19th & 20th 2007. The conference participant's will vote on their chose and the submission with the most votes will win.

6. Submission must be mailed or emailed to
Tara Smith

C/o Queens Manor

PO Box 1283

Liverpool NS

B0T-1K0

Email tlsmith@queensmanor.ca

PHOTO SUBMISSIONS:

Reminder to everyone that we would like your best photos to be used for NSRPH Public Relations purposes. .

Photos must be accompanied by a photo release consent form; the pictures may be used on our website, newsletter, conference displays, PowerPoint presentation ETC.

Please email or mail photos and release form to Tara Smith (Tara can send you the release form) email: tlsmith@queensmanor.ca

Nova Scotia Community College Diploma in Therapeutic Recreation An Overview

The Nova Scotia Community college (NSCC) has offered the Therapeutic Recreation program since 2004. It is a two year program, with students completing their first year in either Human Services or Recreation Leadership, and then taking a concentrated second year in Therapeutic Recreation. The second year currently is offered at the Truro Campus.

The program replaces the Gerontology, Recreation and Leisure program offered from 1998—2003. A program review was completed in 2003—2004. Consultations with people from industry and former students indicated that the name of the program did not capture the nature of the work the graduates were doing. Also, by broadening the scope of the program, more employment opportunities became available. So, the program name was changed to Therapeutic Recreation and more course options were added to the program.

Students take a number of courses and also complete two work placements (four weeks in January and five weeks in May) during the school year. Students are required to gain various certifications, including OH&S and WHMIS, Suicide Intervention, Infection Control and Non-Violent Crisis Intervention. Also required to graduate are Standard First Aid and CPR, and each student must develop a portfolio.

Graduates from the program are working in continuing care, transitional care, veterans' units, rehabilitation centers, mental health services, residential facilities, correctional facilities and in youth programming. The program also has articulation agreements with universities such as Dalhousie, Mount Saint Vincent, Athabaska, and Cape Breton University.

If you would like more information about the program, visit our website at www.nsc.ca.

Joanne MacQueen
Faculty, Therapeutic Recreation, NSCC

Dykeland's Senior Chime Choir

We now have a Music Therapist on our team. The programs he runs are Spiritual Circle and Chime Choir. Below is a picture of our Chime Choir participants. They have done one concert for Residents from Haliburton and family. Also they did a Christmas program for our annual Candlelight Service. Plus they have produced a CD which is now on sale for \$10.00. They are so proud and so are we of the group. Any questions email me or call.

Cheers Sherry, Dykeland Lodge



Call for Nominations

NSRPH needs you! This is a call for nominations for the following positions:

Member at Large 2 year term

Treasurer 2 year term

Secretary 2 year term

Vice-President 3 year commitment

This is a great opportunity and very rewarding educational experience. Being involved at the board level allows you to network all across the province, your involved with Department of Health and our association is the leading voice in the field of recreation for Nova Scotia.

If anyone has any names to submit for the above listed positions they can do so by contacting Kendra Baldwin at kendrabaldwin@ns.aliantzinc.ca

Get involved and remember your association is only as strong and active as its membership.

Kendra Baldwin, Past President NSRPH

Membership Update

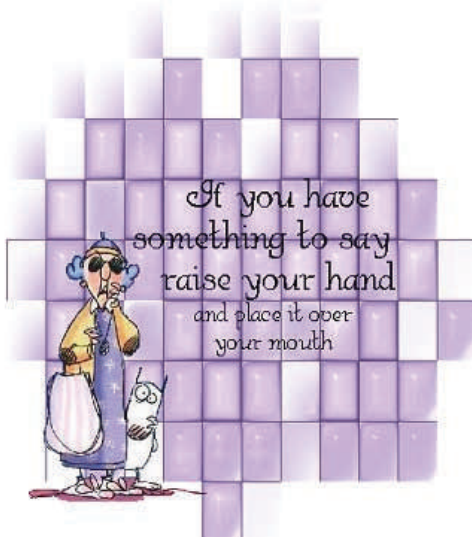
For those of you who are not aware the membership part of NSRPH has under gone some major changes. In November the board decided through our strategic planning session that membership really needed to be re-structured. The board has taken the membership process from the Western Region, who did a wonderful job managing this recurring process and brought it to the board currently as the duties of the Past-President.

The board has prioritized some new initiatives for membership we are currently implementing including a membership package that will be or has gone out to all new and renewing members. The Members at Large will be conducting a survey of our membership in the next few months to discuss and research membership satisfaction.

On behalf of the board of directors we would like to welcome the following new members to NSRPH for the 2006-2007 year: Trish Ferguson, Cape Breton; Karen Hatcher, Cape Breton; Shaelene Barrett, Cape Breton; Deborah Delorey Tompkins, North Eastern; Michele Ellis, Metro; Donna Knowles, Metro; Adrienne LeBlanc, Metro; Petrea Joan Leslie, Metro.

Membership year runs from November 1st to October 31st, deadline date for registration is July 31st. Any memberships received after July 31st will be for the next year. Anyone wishing to renew or become a member with NSRPH can contact Kendra Baldwin at kendrabaldwin@ns.aliantzinc.ca

Submitted By, Kendra Baldwin
Past President / Membership Services



In honor of Activity Professionals week, January 21 -27 Alternative Solutions in Long Term Care www.activitytherapy.com held a nationwide contest for an original tribute honoring Activity Professionals week. The **2006 winner is Susan Winder-Rivera ADC who is the Director of Therapeutic Recreation at Grand Manor Nursing and Rehabilitation Center located in Bronx New York.** All of the entries are posted on the www.activitytherapy.com web site.

Our call is one most extraordinary
First we try to figure out
What it is a resident's truly about-
Involving the body, the mind, and the soul
We fill the assessment, develop a goal.
We look at the person and not the dis-ease
We don't want to label we want to perceive
In the calm of the storm one can usually see
what a person can manifest and what they can be,
beyond limitations, unwanted adulterations
beyond morbid fascinations and unheld screams
A higher calling cries to be heard
in the melancholy scenes.
It may be the heart
It may be the bones,
It may be the blood
or the brain's chemicals.
when the dancer stops dancing
through the loss of a limb
we map out and modify for the resident to win.
the original thrill returned to its source
back to the fork in the road
before things went off course...
We enliven, enrich, embrace and encourage
we remove elements that cause to discourage.
We enlighten and energize the lost and forgotten
fan their flames, call their names
deny their Armageddon.
We are teachers, counselors, a healing balm
The soother, the smoother of things gone wrong
We overcome obstacles beyond comprehension
our course need be steady, beyond apprehension
Our purpose is higher than the eye can see
and although we do appear quite commonly
Our call is one most extraordinary.

